



2012 WINTER LECTURE SERIES

HIGH HOPES THERAPEUTIC RIDING, INC.

High Hopes Therapeutic Riding, Inc., a PATH Intl. premier accredited center, offers full and half day lectures conducted as part of the PATH International Approved Instructor Training Course. Lectures are open to volunteers and professionals in the field for a nominal fee; auditors are welcome.

Lectures are designed for the....

Equine professional interested in Therapeutic Riding.

Therapeutic Riding Instructor-in-Training.

Currently certified Instructor looking for advancement and continuing education hours.

01/05/12 - Anatomy of the Rider: Carolyn Jagielski, Physical Therapist, PATH Intl. Registered Instructor. This introductory lecture will discuss postural alignment and corrections, medical terminology, movement analysis, and look at tack and equipment as they relate to posture. It will also include observing a mounted session.

01/06/12 - Growth and Development: Carolyn Jagielski, Physical Therapist, PATH INTL. Registered Instructor. Focusing specifically on human growth and development, this lecture will feature observation of children, human movement analysis, postural alignment and corrections, followed by a discussion of exercises, tack and equipment, and tack fitting. The effects of equipment will be demonstrated through observation of a mounted session.

01/07/12 - Volunteer Management: Jeanna Pellino Advanced PATH INTL. Instructor and Courtney Bernard, High Hopes Volunteer Coordinator and Registered PATH INTL. Instructor. A discussion of how to build a successful volunteer program will include applying the PATH INTL. standards to volunteer recruitment, paperwork, training, retention methods and emergency procedures. This full day session will include opportunities for networking and exchanging ideas to enhance your volunteer program.

01/13/12 & 01/14/12 - Physical Disabilities, Neurological Impairments, Orthopedic Impairments Parts 1 & 2: Carolyn Jagielski, Physical Therapist and PATH INTL. Registered Instructor. This two-day lecture will provide an overview of physical disabilities and teaching considerations as well as current precautions and contraindications.

01/15/12 - Mounting and Dismounting: Carolyn Jagielski, Physical Therapist, PATH INTL. Registered Instructor. Through both lecture and hands-on learning this session will cover body mechanics, equipment, assessment and the role of the instructional team. Bring your mounting concerns for problem-solving or practice learning new techniques.

01/20/12 - The Effective Instructor: Kitty Stalsburg, High Hopes Executive Director, PATH INTL. Master Instructor & Liz Adams, High Hopes Program Director, PATH INTL. Advanced Instructor and Interactive Vaulting Instructor. Techniques of effective instructing will be discussed, including teaching strategies, lesson planning and task analysis, and discussion of PATH INTL. standards and guidelines. The session will also include opportunities for role play.

01/21/12 & 01/22/12 - Cognitive and Psychosocial Impairments Parts 1 & 2: Barbara Abrams, Expressive Arts Therapist, PATH INTL. Advanced Instructor. This two-day lecture will review cognitive disabilities and discuss teaching considerations, competencies, role playing, games and activities.

Registration is required.

For information or to register contact Laura Brown at 860-434-1974 x 18 or lbrown@highhopestr.org

Cost per lecture - \$60

Any three lectures - \$150

Any six lectures - \$300

***NOTE: Copies of materials will be provided for paying students. Auditors are welcome at no fee but will not receive copies of handouts.**



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JOIN US TO:

- Study at a Premiere Accredited Center
- Learn from Master and Advanced Certified PATH Intl. Instructors
- Prepare for an upcoming certification
- Further your career through professional development
- Advance the skills of staff at your center
- Grow and expand your center's programs, fundraising and development

01/27/12 & 02/10/12 - The Therapy Horse, Parts 1 & 2: Holly Sundmacker, High Hopes Equine Operations Director & Lauren Fitzgerald, High Hopes Lesson Manager, PATH INTL. Advanced Instructor, Specialty Certified Driving Instructor. These two sessions will cover key aspects of the management of a therapy horse herd, including selection, evaluation, training, handling, and general herd management.

02/03/12 - Facility, Standards and Risk Management: Kitty Stalsburg, High Hopes Executive Director, PATH INTL. Master Instructor. This lecture reviews PATH INTL. standards with an emphasis on risk management as well as facility needs.

02/04/12 - ½ Day Sensory Integration, (9am-12 pm): Donna Latella, Occupational Therapist, PATH INTL. Registered Instructor. Focusing on sensory issues, this half-day lecture will discuss understanding sensory integration and techniques, and helpful games and aids.

02/04/12 - ½ Day Introduction to Vaulting, Carriage Driving and Specialty Programs (1-5pm): Liz Adams, High Hopes Program Director, PATH INTL. Advanced Instructor, Interactive Vaulting Instructor, Lauren Fitzgerald, High Hopes Lesson Manager, PATH INTL. Advanced Instructor and Carriage Driving Instructor and Laura Brown, High Hopes Special Programs Manager and PATH INTL. Advanced Instructor. Liz Adams will introduce students to appropriate lunging techniques, vaulting horse selection process and interactive vaulting activities; Lauren Fitzgerald will introduce carriage driving, its benefits and how to run a successful program; Laura Brown will discuss what makes a successful unmounted program as well as field trips and other specialty areas for center's experiencing growth.

Cost per lecture - \$60 Any three lectures - \$150 Any six lectures - \$300

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January 5 _____ January 6 _____ January 7 _____ January 13 _____
 January 14 _____ January 15 _____ January 20 _____ January 21 _____
 January 22 _____ January 27 _____ February 3 _____ February 4 (am) _____
 February 4 (pm) _____ February 9 _____ February 10 _____

TOTAL COST: \$ _____

Name _____ Phone _____ E-mail _____
 Address _____ City _____ State _____ Zip _____
 Program Affiliation (as applicable) _____

Please make checks payable to: **High Hopes**
 High Hopes Therapeutic Riding, Inc.
 36 Town Woods Road, Old Lyme, CT 06371

For more information please email Laura Brown, lbrown@highhopestr.org or call 860-434-1974 x 18.