

2010
Winter Lecture Series
At High Hopes Therapeutic Riding, Inc., Old Lyme, CT

These full-day professional lectures, conducted as part of the NARHA Approved Instructor Training Course, are open to volunteers and professionals in the field for a nominal fee.

Thursday, 1/7/10 – **Anatomy of the Rider**, presented by Carolyn Jagielski, P.T. and Registered Instructor. Includes postural alignment and corrections, medical terminology, movement analysis, and a look at tack and equipment as they relate to posture. Also includes observation of a mounted session – using the movement of the horse for therapy.

Friday, 1/8/10– **Growth and Development**, presented by Carolyn Jagielski, P.T. and Registered Instructor. Includes observation of children, human movement analysis, postural alignment and corrections – Exercises, Tack and Equipment, Tack Fitting. Also includes observation of a mounted session – Effects of Equipment.

Friday 1/15/10 and Saturday 1/16/10 – **Human Behavior and Psychology, and Cognitive and Psychosocial Impairments**, presented by Barbara Abrams, Certified Expressive Arts Therapist and Advanced Instructor with Donna Latella, O.T. and Registered Instructor. Includes Teaching Considerations, Competencies, Role Playing, Games and Activities.

Friday 1/22/10 - **The Effective Instructor**, presented by Kitty Stalsburg, High Hopes Executive Director and Master Instructor. Includes Teaching Strategies and Techniques, Lesson Planning and Task Analysis as well as a discussion of NARHA Standards and Guidelines.

Saturday, 1/23/10 – **Physical Disabilities, Neurological Impairments, Orthopedic Impairments Part 1**, Presented by Carolyn Jagielski, P.T. and Registered Instructor. Includes teaching considerations.

Sunday, 1/24/10 – **Orthopedic Impairments Part II, Precautions and Contraindications, Rider Assessment**, presented by Carolyn Jagielski, P.T. and Registered Instructor. Includes teaching considerations.

Friday, 1/29/10 and Friday 2/5/10 – **The Therapy Horse, Parts I & II**, presented by Holly Sundmacker, Equine Operations Director and Lauren Fitzgerald, Equine Coordinator and NARHA Advanced Instructor. Includes Selection, Evaluation, Training, Handling, and Management.

Thursday, 2/4/10 – **½ Day Sensory Integration, (9-12 pm)** presented by Nicole Cuomo, O.T. Understanding Sensory Integration and Techniques, games and aids for working with sensory issues

Thursday, 2/4/10 – **Administrative Workshop (2-5 pm)** presented by Kitty Stalsburg, High Hopes Executive Director; Sara Slayton Qua, High Hopes Development Director and Linda Lee-Picazio, High Hopes Finance Director. This will be an overview of the KEY components of Nonprofit Administration. Appropriate for Executive Directors, Board members of programs experiencing the challenges of growth and excellent information for a Staff & Board Team!

Cost per lecture - \$60	Any three lectures - \$150	Any six lectures - \$300
January 7 _____	January 8 _____	January 15 _____
January 24 _____	January 29 _____	February 5 _____
	February 4 am _____	February 4 pm _____
TOTAL COST: _____		

Name _____ Phone _____

Address _____ City _____ State _____ Zip _____

Program Affiliation (as applicable) _____

E-mail Address _____

Please make checks payable to: **High Hopes**
 High Hopes Therapeutic Riding, Inc.
 36 Town Woods Road, Old Lyme, CT 06371
 For more information please email Kitty Stalsburg, kstalsburg@highhopestr.org or call 860-434-1974 x 13

REGISTRATION DEADLINE: Tuesday, January 5, 2010