



**High Hopes Therapeutic Riding, Inc.**  
*A Tradition of Excellence in Therapeutic Riding*

**Instructor Advancement Workshop**  
At  
High Hopes Therapeutic Riding, Inc,  
Old Lyme, CT

December 10, 11 & 12, 2008  
9:00 am – 4:30 pm  
(Sign-In/Registration at 10:00 am on Wednesday 12/10/08)

**Goal:** This 3-day workshop will focus on providing NARHA Instructors with knowledge and skills required at the Advanced level. Participants will explore all aspects of the NARHA Advanced Criteria. This workshop will include horse management, riding, horse assessment, teaching, evaluation of lessons, review of lesson planning, teaching techniques specific to disabilities as well as mounting and dismounting.

**Faculty:** High Hopes Staff will be lecturing and assisting in your continued learning experience! Credentials of faculty include, but are not limited to: Instructors at NARHA Registered, Advanced and Master level certification; PT, AHA Clinical Therapist, LPC, Expressive Arts, Eq., Cn. TPM, NARHA Evaluators, NARHA Site Visitors, etc.

**Location:** High Hopes Therapeutic Riding, Inc.; 36 Town Woods Road; Old Lyme, CT. 06371 (860) 434- 1974; [www.highhopestr.org](http://www.highhopestr.org) or [kmason@highhopestr.org](mailto:kmason@highhopestr.org)

**Fee:** \$450.00 for three days including light breakfast and lunch each day.

**Prerequisites:** Must be NARHA Registered Instructor with over 75 hours of instruction. Candidates will be asked to bring videotape of riding and teaching for discussion.

**Travel info:** 60 minutes from Bradley International Airport in Windsor Locks, CT or Green Airport in Providence, RI

**Hotels:** Comfort Inn – Old Saybrook, CT 860-395-1414; Best Western – East Lyme, Ct. 860-739-3951 and Old Lyme Inn- Old Lyme, CT. 860-434-2600. More complete list available upon request.

**Registration Deadline** is *November 12, 2008*. Maximum participation-20, minimum 6.

**Questions:** Contact Kristin Mason, Special Programs Manager at High Hopes Therapeutic Riding, Inc.  
860-434-1974 x 18 or [kmason@highhopestr.org](mailto:kmason@highhopestr.org).

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**December 10, 11 & 12, 2008**  
**9:00 am – 4:00 pm**  
**\*\*Registration**

To register, please complete and return to High Hopes with your payment of \$450.00 (cash, check, bank check or money order accepted - payable to 'High Hopes TR, Inc.').

Mail to: High Hopes Therapeutic Riding, Inc.

36 Town Woods Road

Old Lyme, CT. 06371

Contact: 860-434-1974 x 18; [kmason@highhopestr.org](mailto:kmason@highhopestr.org)

Name: \_\_\_\_\_ Instructor Status: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ Town: \_\_\_\_\_

State: \_\_\_\_ Zip: \_\_\_\_\_ Telephone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Preferred riding style: \_\_\_\_\_

Dietary concerns or considerations: \_\_\_\_\_

Specific requests for workshop (any areas of concern?):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\*\*Upon receipt of the completed registration information you will receive a letter of confirmation and additional forms that will need to be completed.

We are asking all participants to bring a videotaped segment of riding (3-5 minutes) the NARHA Advanced Pattern and a video segment (10 minutes) of a skill being taught with accompanying lesson plan. This will provide discussion opportunities for the group interactive session. ***NOTE:*** Please, if you are able to do so, forward your videotapes(s) to us for preview with your registration form and payment.

\*\*\* High Hopes is hosting the NARHA Advanced Instructor Certification April 13 – 15, 2009! Minimum number of candidates to hold this certification will be 6 candidates and maximum accepted will be 10 candidates. For more information, please contact NARHA at 800-369-7433.

Thank you for your interest! We are looking forward to a terrific three days!

**Advancement Workshop**  
**December 10 – 12, 2008**  
*Tentative Schedule*

**DAY 1**

- 10:00 Registration and continental breakfast  
Meet and greet, tour of facility, overview of workshop
- 10:30 Advanced Certification Process  
Advanced Criteria – Instruction and Teaching Methodology
- 11:00 Evaluation  
Building accurate self reflection  
NARHA evaluation process
- 11:45 Lesson Planning
- 12:30 Working lunch
- 1:30 Mounting and Dismounting
- 3:30 Role Play Group 1

**DAY 2**

- 8:30 Continental breakfast
- 9:00 Advanced Criteria – Disabilities  
Review of Precautions and Contraindications  
Integrated with Teaching Strategies
- 11:30 Lesson Planning – Problem Solving
- 12:30 Working lunch
- 1:30 Role Play Group 2
- 2:30 Riding and Horse Assessment
- 4:15 Lesson and Evaluation

**DAY 3**

- 8:30 Continental breakfast
- 9:00 Advanced Criteria – Equine Management and Horsemanship
- 11:30 Lesson Planning
- 12:30 Working Lunch
- 1:30 Riding and Horse Assessment
- 3:00 Lunging
- 3:30 Lesson and Evaluation
- 4:30 Wrap up