



2012 Volunteer Enrichment Series

High Hopes Therapeutic Riding Inc.

Investigate the therapeutic riding world, examining topics from horse behavior to visual processing.

Disability Etiquette Fri, 01/20/12 12-1pm

Past participant and High Hopes board member, Heather Northrop will speak to proper etiquette when working with a range of disabilities. The discussion will include the challenges of working with individuals with special needs and how to approach sensitive subjects.

Natural Horsemanship Sun, 01/29/12 2-4pm

Tim Hayes leads this demonstration as we learn how Natural Horsemanship techniques apply to leading in Therapeutic Riding classes. We will discuss how to gain your horses' confidence as a leader, lengthening and shortening stride without pulling or pushing, and more!

Insurance funded ABA services for Special Needs Thurs, 02/09/12 6:30-8pm

A seminar on insurance funded Applied Behavior Analysis services for children and teens with special needs. Applied Behavior Analysis is a scientifically proven behavioral treatment for Autism Spectrum Disorders. Autism Intervention Specialists will introduce the benefits, basic terminology, and information regarding how to receive ABA services through your insurance provider.

Yoga for Special Needs Thurs, 02/16/12 6:30-8pm

Join Registered Yoga Teacher, Karen Clark, as we discover the benefit yoga offers to children and adults with special needs and explore how modifications can be made to meet individual needs. Karen has been teaching yoga since 2000, specializing in yoga for children with down 's syndrome, autism spectrum, cerebral palsy and other challenging conditions.

Vision Affecting Balance and Judgment of the Therapeutic Rider Thurs, 03/08/12 6:30-8pm

Presented by Dr. William Padula, this lecture will overview our visual processing system, the similarities and differences between equine and human vision, effects of vision on balance and posture and how visual challenges effect riding.

Understanding Traumatic Brain Injury Fri, 03/23/12 12-1pm

Led by Deborah Hunsicker, Speech Pathologist at Lawrence and Memorial Hospital, this enrichment will delve into the meaning of Traumatic Brain Injury covering the definition, causes, and manifestation of injuries to the brain as well as improvements that can be made through varying forms of therapy.

Balance and Visual Attention Fri, 04/20/12 12-1pm

Explore how the worlds of balance and visual attention intertwine with Beatrice Reynolds, Physical Therapist from Lawrence Memorial Hospital. Reynolds, who has worked extensively with children and is also involved an adult vestibular/balance program, will share insight and knowledge through the lens of a physical therapist.

Save the Dates:

- Friday, January 20
- Sunday, January 29
- Thursday, February 9
- Thursday, February 16
- Thursday, March 8
- Friday, March 23



Also Available: Our ITC Winter Lecture Series, led by High Hopes professionals, are open to qualifying High Hopes volunteers. The following topics will be covered ...

- Anatomy of a Rider
- Growth and Development
- Volunteer Management
- Physical Disabilities, Neurological Impairments, Orthopedic Impairments Part I & II
- Mounting and Dismounting
- The Effective Instructor
- Cognitive and Psychosocial Impairments Parts I & II
- The Therapy Horse, Parts I & II
- Facility Standards and Risk Management
- 1/2 day Sensory Integration
- 1/2 day Introduction to Vaulting
- Business Organization and Fundraising

Registration required: contact Laura Brown (860) 434-1974 ext. 18 or lbrown@highhopestr.org

